



PROFESSIONAL DISCLOSURE STATEMENT

We want you to be well-informed regarding your counselor's credentials and level of experience before your first session. Please read the following information and address any questions or concerns before or during your first session.

**Rivka McGovern, MSW
Licensed Clinical Social Worker (LCSW)**

Rivka McGovern is a Licensed Clinical Social Worker (LCSW) who offers individual, couple, and group counseling services. Rivka is bilingual in both English and Spanish.

Rivka is an experienced Clinical Social Worker who practiced for many years in the State of New York, working with both children and adult clients. Some of Rivka's counseling specialties include: Domestic Violence; Anxiety/Stress; Anger; Self-Esteem and Self-Worth; Substance Abuse; Parenting Issues; Child Abuse Issues; and more. Rivka also has experience working with AIDS/HIV-infected and affected individuals.

Rivka was born in Chile, South America, and was raised in Israel. Rivka completed her Bachelor's Degree in Social Work at Haifa University (Israel), and earned her Master's Degree in Social Work at Adelphi University in Garden City, New York (1983).

Upon moving to Arizona with her husband in 2013, Rivka began working at Luke Air Force Base's "Family Advocacy Program," where she assisted couples and families that were impacted by Domestic Violence issues. In 2014, she got certified to conduct "Change Step," a court-approved 24-week men's DV group. Rivka also provided couple's and family counseling services to Active-Duty members and their families, utilizing a variety of treatment interventions.

As a therapist, Rivka aims to help each client become more self-aware, and assists them in recognizing their abilities, skills, and capacities to encourage positive changes that will lead to self-growth, enhancement of self-esteem, and the attainment of personal and therapeutic goals. Rivka uses a client-centered, strengths-based approach to help clients understand how their personal experiences may have influenced their thoughts, feelings, and behaviors, and assists clients in learning new ways to create positive change based on personal strength and a renewed perspective that fosters a sense of hope.

Rivka has been married since 2002, and has a blended family with two daughters and two sons (and one grandchild). Rivka became a Jewish-Christian in 1995 and served for more than 15 years at the Vineyard Church in Rockville Centre, New York. Rivka has also completed a two-year course in Leadership Training. Rivka states: "I believe in Christian counseling and bringing God's truth and healing to my client's lives, so they can keep growing and moving toward becoming the person God intended them to be."

PLEASE NOTE: Rivka is not a medical physician nor psychologist/psychiatrist, and she is unable to prescribe medication or assess or treat individuals for psychotic disorders or chemical dependency. Any medical or physiological symptoms should be addressed by a qualified MD or doctorate-level specialist (referrals are available).

Rivka is a Licensed Clinical Social Worker (LCSW), working as an independent contractor for NWCC.

Client 1: _____ Date: _____
Signing indicates you have read and understood this disclosure statement.

Client 2: _____ Date: _____
Signing indicates you have read and understood this disclosure statement.