



PROFESSIONAL DISCLOSURE STATEMENT

We want you to be well-informed regarding your counselor's credentials and level of experience before your first session. Please read the following information and address any questions or concerns before or during your first session.

**Christine Bielinski Dorn, MC, LPC
Licensed Professional Counselor (LPC)**

Christine "Chris" Bielinski Dorn is a Licensed Professional Counselor who offers individual, couple, and group counseling, all delivered with professionalism, sensitivity and insight. Chris counsels those who struggle with anxiety, depression, grief, loss, trauma, and relationship issues. Divorce recovery and/or blended family support is also an area in which she assists her clients. She has a special expertise in working with partners of sex addicts. Chris has special training in Eye Movement Desensitization Reprocessing (EMDR) therapy. She utilizes Emotionally Focused Therapy (EFT) for individuals and couples, as well as Cognitive Behavioral Therapy. Chris also provides counseling within a Christian context, yet can work with anyone from other belief systems. She desires to bring hope to what oftentimes feels like despairing situations.

Chris is also a Performance Consultant. She works collaboratively with individuals, groups and teams who desire life and career coaching, or sport and business peak performance consulting. Christine works side-by-side with her clients to close the gap between where they are and where they want to be. She also provides a supportive environment so clients can deepen their understanding of themselves, as well as work on who they want to become as human beings. Committed to her clients, Chris desires nothing more than helping them realize their greatest potential.

As a writer and speaker, Chris enjoys communicating messages of hope, inspiration, and motivation. Her personal stories of hardship and prosperity make her genuinely transparent and relatable. Speaking to television and radio audiences, women's community functions, business meetings, or church gatherings, she shares of topics such as healthy emotional living, success strategies and spiritual matters.

Chris has served as an adjunct professor at Grand Canyon University teaching both counseling and coaching courses.

Chris holds a Master's degree in Counseling and a Bachelor's degree in Communication, both from Arizona State University. Chris is nearly finished completing her Ph.D. in Psychology from Grand Canyon University.

Chris's experience in helping people find healing has spanned over 20 years.

PLEASE NOTE: Chris is not a medical physician nor psychiatrist and is unable to prescribe medication or assess or treat individuals for psychotic disorders or chemical dependency. Any medical or physiological symptoms should be addressed by a qualified MD or doctorate-level specialist (referrals are available).

Chris is a Licensed Professional Counselor (LPC), working as an independent contractor for NWCC.

Client 1: _____ **Date:** _____
Signing indicates you have read and understood this disclosure statement.

Client 2: _____ **Date:** _____
Signing indicates you have read and understood this disclosure statement.