



PROFESSIONAL DISCLOSURE STATEMENT

We want you to be well-informed regarding your counselor's credentials and level of experience before your first session. Please read the following information and address any questions or concerns before or during your first session.

Julia Folden, MAPC
Licensed Associate Counselor (LAC)

Julia completed a Master in Professional Counseling and a Certificate in Advanced Graduate Studies in Christian Counseling at Ottawa University in 2012. She went on to complete her Graduate Diploma in Christian Counseling from Phoenix Seminary in 2014. In February 2013, Julia received licensure with the Arizona Board of Behavioral Health Examiners (AZBBHE) as a Licensed Associate Counselor (LAC).

Julia completed an internship at Scottsdale Bible Church's Counseling Center in 2010 and an internship at Calvary Addiction Recovery Center in 2012, working in the inpatient and outpatient residential program with drug and alcohol addictions, as well as a variety of other co-occurring mental health disorders. Julia joined the staff at NWCC as a therapist in June of 2014.

Prior to starting her clinical counseling career, Julia received a Bachelor's in Business Administration from Southern Methodist University and a Masters in Business Administration with an emphasis in Human Resources from University of Dallas. Julia has over 20 years of experience in Human Resources including executive coaching, employment/career development, employee relations, training, conflict resolution, strategic planning, team-building, and consultation to employees at all levels within an organization.

Julia is an active member at her local church where she has been involved in Deacon Board, Small Group Ministry (including facilitation of [Mending the Soul](#) and [How We Love](#) small groups), Women's Mentoring, and the Bolivia Missions Teams. Other volunteer activities include several years as a Court Appointed Special Advocate, where Julia was appointed by judges to advocate for the best interests of abused and neglected children in court and other settings. She also volunteered as a phone counselor at a crisis hotline in Dallas, Texas.

As a therapist with NWCC, Julia's practice includes (but is not limited to) the following issues:

- Trauma/Abuse
- Anxiety/Depression
- Grief/Loss
- Pre-Marital Counseling
- Marriage/Family
- Relationship Issues
- Communication/Conflict
- Career & Life Coaching
- Spiritual Issues
- Adolescents/Teens/Preteens
- Substance Abuse

PLEASE NOTE: Julia is not a medical physician nor a doctorate-level psychologist or psychiatrist, and is unable to prescribe medication or assess or treat individuals for psychotic disorders or chemical dependency. Any medical or physiological symptoms should be addressed by a qualified MD or doctorate-level specialist (referrals are available).

As an associate counselor, Julia is an independent contractor and works under the direct/clinical supervision of Chris Andersen, LPC, NCC, who can be contacted at (623) 680-8172. As Clinical Supervisor, Chris Andersen has access to client's confidential information and records. All clients are clients of NWCC, and not the independent contractor.

Please check box if you give consent for sessions to be audio taped for review by Clinical Supervisor.

Client 1: _____ Date: _____
Signing indicates you have read and understood this disclosure statement.

Client 2: _____ Date: _____
Signing indicates you have read and understood this disclosure statement.

Northwest Christian Counseling, LLC

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NOTE: This form contains protected/confidential information that can't be released without the client's consent.

Professional Disclosure Statement (JF) – FORM L2