



## **PROFESSIONAL DISCLOSURE STATEMENT**

We want you to be well-informed regarding your counselor's credentials, experience, and training before your first session. Please read the following information and address any questions or concerns before or during your first session.

**Christopher S. Andersen, MA LPC**  
**Licensed Professional Counselor**

Chris earned his Master's Degree from Ottawa University in 1999, and has been licensed with the Arizona Board of Behavioral Health Examiners (AZBBHE) since May 2000. Chris is an AZBBHE-approved Clinical Supervisor, and is also a member of the American Association of Christian Counselors (AACC). Chris is the owner and founder of NWCC, which opened its doors in 2007. Previously, he was a founding member of the nonprofit organization Phoenix Christian Counseling Associates (2001-2007), and prior to that he worked for Family Life Counseling and Educational Centers (2000).

Currently, Chris's primary focus and passion is working with men on overcoming sexual addictions and other sexualized behavior (including affairs/infidelity, pornography addiction, and more). Chris has been assisting men with these issues since he began his counseling career in 2000. Chris utilizes a Cognitive-Behavioral therapeutic approach (from a Christian-based perspective, if desired by the client). Chris also emphasizes the use of accountability systems and support groups to help create a comprehensive treatment plan for the client. Chris practices from a trauma-based perspective when addressing the impact of the addiction on the spouse.

In addition to working with men on sexual addiction issues, Chris also has extensive experience in a variety of other areas, including (but not limited to): marriage counseling; premarital counseling; communication and conflict resolution; anxiety/depression; anger management; adolescent and teen issues; delivering workshops and seminars; and more. Chris enjoys working with clients on spiritual issues, and collaborating with churches, pastors, and other ministries and organizations. Chris also has 20 years of service with the State of Arizona, including ongoing part-time work serving victims of crime.

Prior to entering the counseling field, Chris worked with a consulting firm that conducted team-building and communication/conflict resolution workshops for large corporations. He has also worked in the fields of school- and community-based prevention programs, including five years with Arizona State University. Chris is also a former certified teacher, guidance counselor, and coach. Chris has been married since 1999, and he and his wife have two boys.

\*PLEASE NOTE: Chris is not a medical physician nor a doctorate-level psychologist or psychiatrist, and is unable to prescribe medication or assess or treat individuals for psychotic disorders or chemical dependency. Any medical or physiological symptoms should be addressed by a qualified MD or doctorate-level specialist (referrals are available).

Client 1: \_\_\_\_\_ Date: \_\_\_\_\_  
*Signing indicates you have read and understood this disclosure statement.*

Client 2: \_\_\_\_\_ Date: \_\_\_\_\_  
*Signing indicates you have read and understood this disclosure statement.*

**Northwest Christian Counseling, LLC**

NOTE: This form contains protected/confidential information that can't be released without the client's consent.

**Professional Disclosure Statement (CA) – FORM L2**